

## Digital Business Transformation - Resident Journey Analysis

We Care Group

LAF



## **Empathy Map**

- Wants to do as much as possible without assistance, cherishing the moments of self-sufficiency.
- Desires to recognize and interact meaningfully with family and friends, holding onto the essence of relationships.
- Aspires to feel secure and comfortable in the living environment, seeking familiarity in surroundings.

#### Goals

- Homely Environment
- Social Activities
- Personalized Care

#### **Preferences**



**Pains** 

#### **Feelings**

**Mood Fluctuations** 

**Behaviors** 

- Routine-Oriented
- Limited Social Interaction

Loneliness

- Confused
- Gratitude
- Fear

- The inability to remember names or faces, even of loved ones, is emotionally painful and leads to moments of sadness and isolation.
- · The realization that daily activities are becoming increasingly difficult creates a sense of helplessness.
- The fear of wandering off and not being able to find the way back is a constant worry, leading to anxiety.

## **Resident / Patient**

#### Olivia

#### **Moderate-Stage Dementia Resident**

#### **Demographics:**

Age: 70-80 years old

• Gender: Female

Location: North West England

• Family: Widowed, has two adult children and four grandchildren

#### **Behavior:**

- Mood Fluctuations: May experience mood swings, ranging from calm to agitated within short periods
- Social Interaction: Generally open to social activities but may withdraw unexpectedly due to confusion or discomfort
- Communication: May struggle with finding the right words, leading to frustration
- Routine-Oriented: Finds comfort in a predictable routine, gets anxious or agitated when routines are disrupted
- Attention Span: Limited attention span, easily distracted or overwhelmed

#### **Preferences:**

- May enjoy music, gardening, or other hobbies
- Likely to appreciate a homely environment filled with reminders of the past

#### Needs:

- Medical Care: Regular monitoring and medication management
- Emotional Support: Emotional and psychological support to manage dementia
- Social Interaction: Opportunities for social activities
- Safety: A secure environment to prevent wandering
- Personal Care: Assistance with daily activities like bathing, eating, and mobility

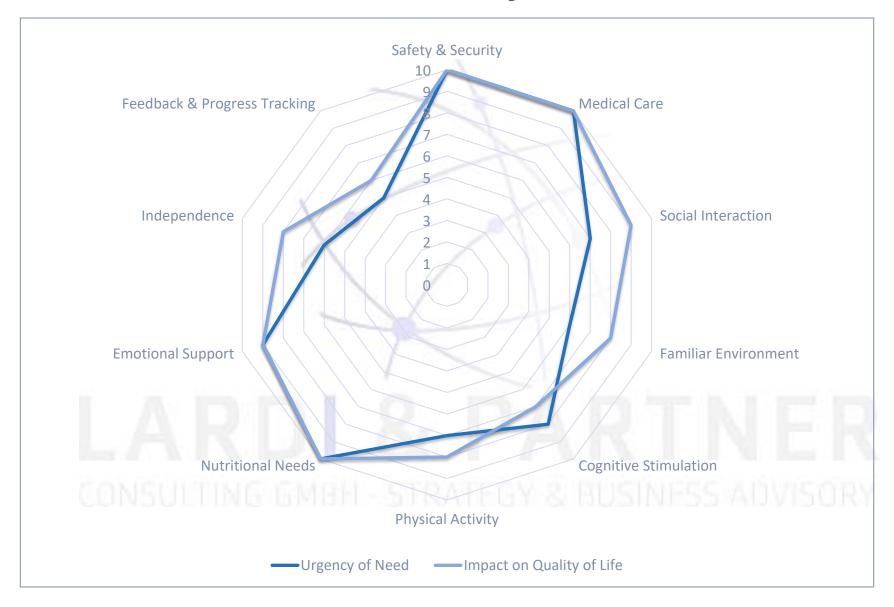
#### **Pain Points:**

- Confusion and Memory Loss: Struggles with remembering names, faces, and daily routines
- Isolation: May feel lonely or disconnected due to cognitive decline
- Loss of Independence: Frustration over not being able to perform daily activities independently
- Safety Concerns: Risk of wandering and getting lost or injured
- Inconsistent Care: Varying levels of care depending on staff availability and expertise

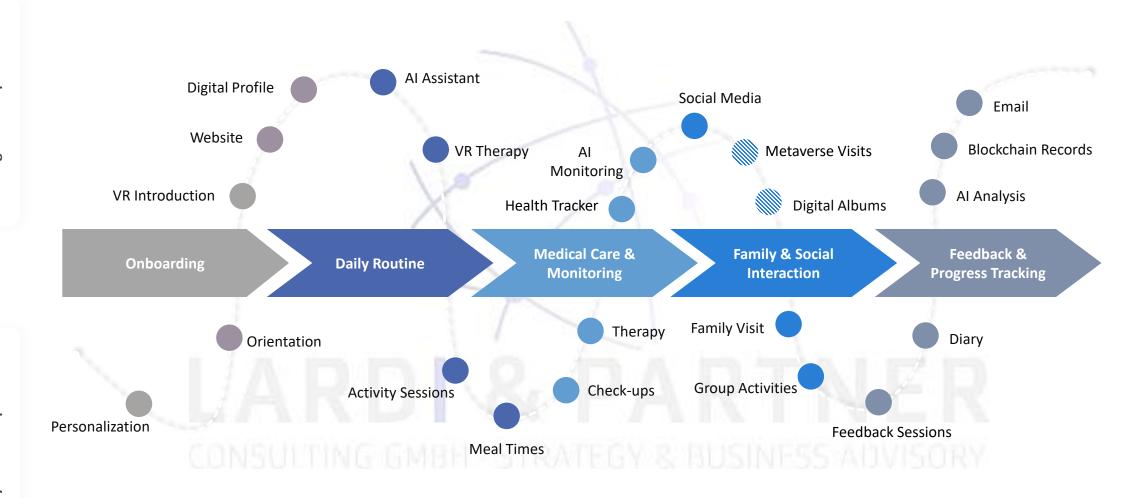
#### Goals:

- To maintain as much independence as possible
- To stay emotionally connected with family and friends
- To live in a comfortable, homely environment
- To create a scrapbook of memories for her family
- To engage more with fellow residents.

## **Need Analysis**



### **Patient / Resident Journey Map**



## **Patient/Resident Journey - Opportunities**



Who wouldn't appreciate the peace of mind that comes with knowing you're safe and cared for?

| St | tages of Journey         | Onboarding   | Daily Routine  | Medical Care &<br>Monitoring  | Family & Social<br>Interaction  | Feedback & Progress<br>Tracking   |
|----|--------------------------|--|--|---|---|---|
|    | Touchpoints              | Orientation tour     Personal room   | <ul><li>Activity sessions</li><li>Meal times</li></ul>   | Health check-ups     Therapy sessions   | <ul><li> Visit area</li><li> Group activities</li><li> Social Media</li></ul>   | <ul><li>Feedback sessions</li><li>Personal journals</li></ul>   |
|    | Thinking                 | <ul><li> Where am I?</li><li> Why am I here?</li><li> Will I be comfortable here?</li></ul>  | <ul><li>What will I do today?</li><li>I miss home.</li></ul>   | <ul><li> Are they taking care of me?</li><li> I don't want to be a burden.</li></ul>  | <ul><li>I wish my family was<br/>here.</li><li>I have no friends.</li></ul>   | <ul><li>Am I getting better?</li><li>I want to remember.</li></ul>  |
|    | Feeling                  | Anxious     Confused     Overwhelmed   | • Curious<br>• Lonely  | <ul><li> Vulnerable</li><li> Apprehensive</li></ul>   | • Hopeful<br>• Isolated   | <ul><li>Reflective</li><li>Frustrated</li></ul>   |
|    | Ideas for<br>Improvement | <ul> <li>Provide a calming or familiar VR experience to ease initial anxiety.</li> <li>Allow family members to set up a digital profile with the patient's preferences to personalize the room.</li> </ul> | <ul> <li>AI Assistant: Offer daily reminders or stories from the patient's past.</li> <li>VR Therapy: Allow patients to visit familiar places or past memories.</li> <li>Holographic Memory Aides</li> </ul> | <ul> <li>Health Tracker: Use wearables to monitor vitals and provide biofeedback.</li> <li>AI Monitoring: Ensure safety with AI-driven cameras that detect unusual behaviours.</li> </ul> | <ul> <li>Metaverse Visits: Facilitate virtual family interactions.</li> <li>Digital Albums: Allow patients to revisit family photos/videos anytime.</li> <li>Adaptive Digital Pets: Robotic pets that respond to a patient's emotions.</li> </ul> | <ul> <li>Al Analysis: Provide insight on cognitive/emotional patterns.</li> <li>Blockchain Records: Maintain a transparent record of the patient's progress for them and the families.</li> </ul> |

## More Recommended Ideas of Improvement

- **Emotion-Responsive Rooms:** Using AI and sensors, rooms can detect a patient's emotional state through facial expressions, voice tone, and physiological signals. Based on the detected emotion, the room can adjust lighting, play calming music, or display soothing visuals. Eg: if a patient shows signs of agitation, the room might automatically dim the lights and play soft, calming nature sounds.
- Tangible Digital Albums: A physical book or object that, when touched or opened, plays videos, sounds, or holographic memories from the patient's past.
- **Blockchain-Verified Life Events:** A secure, immutable record of significant life events, verified by family and friends. This can help validate memories or provide context. Eg: if a patient recalls a significant event but is unsure of its details, the system can provide the verified memory.
- AI-Enhanced Reality Glasses: Wearable glasses that use augmented reality (AR) to label or describe objects, people, or places in real-time, aiding memory. Eg: when a patient looks at a person, the glasses might display the person's name and relationship to the patient.
- **Digital Dream Journal:** A system that prompts patients to describe their dreams upon waking. Over time, Al analyzes patterns and provides insights or uses these dreams to craft therapeutic experiences.



# LARDI & PARTNES